



## Mission

By implementing the Guiding Good Choices® program, the Community Outreach and Education Division seeks to improve family management and communication skills among parents who complete the course. It is the intention of the Community Outreach and Education Division for parents who complete the course to become positively and consistently engaged with their children, utilize the techniques of the program curriculum, and unequivocally convey their disapproval toward drug use to their children, which has been shown to reduce alcohol abuse and drug usage.

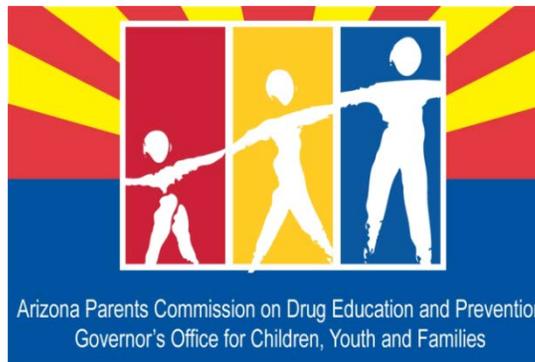
To request a **FREE** workshop in your area contact

The Office of Arizona Attorney General  
Mark Brnovich



Community Outreach and  
Education Division  
Phone: 602.542.2123  
[www.azag.gov/good-choices](http://www.azag.gov/good-choices)

## Grantor



Arizona Parents Commission on Drug Education and Prevention  
Governor's Office for Children, Youth and Families



## Education and Drug Prevention Program for People Parenting Children

Presented By



The Office of the Arizona  
Attorney General  
Mark Brnovich

## Did you know...

- Arizona was one of the top ten states for rates of drug-use in several categories, including:
  - past-month use of illicit drugs other than marijuana among persons age 12 or older
  - past-year cocaine use among persons age 12-17
  - past-year non-medical use of pain relievers among persons age 12 or older (Whitehouse.gov)
- The rate of drug-induced deaths in Arizona exceeds the national average.
- National death rate is 12.7 per 100,000. Arizona's death rate is 15.5 per 100,000 population.
- Arizona is ranked the sixth highest state for prescription drug abuse.
- 60% of teens who have abused prescription pain killers did so before age 15.
- 12 to 17 year olds abuse prescription drugs more than they abuse ecstasy, heroin, crack/cocaine, and methamphetamine combined.



## Guiding Good Choices®



Guiding Good Choices® is an evidence-based program designed to teach people parenting children the skills that can help prevent drug and alcohol abuse in their families. This program utilizes lecture, video, interactive activities and home practice which can be used to create a healthier family environment.

## Workshops for People Parenting Children



### Session One

Getting Started: How to Prevent Drug Use in your Family

### Session Two

Setting Guidelines: How to Develop Healthy Beliefs & Clear Standards

### Session Three

Avoiding Trouble: How to Say No to Drugs(only session children are encouraged to attend w/parents)

### Session Four

Managing Conflict: How to Control & Express Anger Constructively

### Session Five

Involving Everyone: How to Strengthen Family Bonds